Aireborough Swimming Club
Rising Stars Winter Gala Report
Saturday 27 January 2024

## Swimmers

| 8 | 9/10 | 11/14 |
| :---: | :---: | :---: |
| Isabel Hooton - Back, Breast, Free Heidi Sharp - Breast, Free | Mason Jones - Back, Breast, Fly, Free, IM <br> Magnus Waring - Back, Breast, Free <br> Hannah Biggins - Back, Breast, Free <br> Daisy Plaxton - Back, Breast, Fly, Free, IM <br> Sophia Turner - Back, Breast, Fly, Free, IM <br> Esther Cooper - Back, Breast, Fly, Free, IM <br> Robyn Geary - Breast <br> Isabel Barker - Back, Breast, Fly, Free, IM <br> Sienna Lowry - Breast <br> Evelyn Moss - Breast, Free | Issac Parry - Breast, Fly, Free <br> Alex Crombie - Back, Breast, Fly, Free, IM <br> Luke Shay - Back, Breast, Fly, Free, IM <br> Dylan Warren - Back, Fly, Free, IM <br> Mason Thompson - Back, Breast, IM <br> Thomas Hetherington - Back, Breast, Fly, Free, IM <br> Foster Gallagher-Bird - Breast, Free <br> Sullivan Lowry - Free, IM <br> Aarush Singh - Back, Breast, Free <br> Stan Sadgrove - Back, Breast, Free <br> Isla Cooper - Back, Breast, Free, IM <br> Emily Oddy - Back, Breast, Fly, Free, IM <br> Ada Calvert - Breast, Free <br> Prati Wasnik - Back, Breast, Free |

## Race Report

Aireborough Swimming Club were well represented at the City of Bradford Rising Stars Winter Gala, with 26 swimmers in attendance, our highest at a Rising Stars Gala.

The increase in swimmer numbers meant we had wonderful balcony attendance at the gala. Thank you to each and every person who comes to watch our very special ASC swimmers.

We came away with 43 medals, but I want swimmers to focus on the amazing uplift in their race times! And whilst medals are always nice, the most important things are learning why DQs happen and focusing on the improvement in swim times. Let's keep building this momentum! We are a competitive club with some fantastic talent!

Provided below is a rundown of each event, including entered times, new timings, places, medals awarded and, where disqualified, the reasons why. I recommend that, where possible, parents speak with the swimming teachers if the swimmer needs an explanation for a DQ. It can be very disheartening for our young team members to hear that they are disqualified when they don't understand why. So please do follow up with the teachers.

Entered Time = This is the quickest time the swimmer has achieved at an ASC gala in the last six months, so it doesn't take into account quicker times they may have swum at other clubs.

Place $=$ This is the overall place the swimmers finish from all the participants in their age group. Swimmers will swim in heats across the age group, e.g. 9 and 10 , but at Rising Stars Galas, the swimmers medal at their actual age. I've provided in brackets the number of same-age swimmers overall so you can see the ranking.

New Time = Keep this report handy as a record of your swimmer's times so you know their race pace for the next gala entry.

If your swimmer is missing any medals from tonight, please let me know, and l'll source the missing ones for you.

Please continue to enter your swimmers for the ASC Galas. This event was incredibly fun, and it was noted how much of a strong side we fielded.

## Aireborough Swimming Club <br> Rising Stars Winter Gala Report

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| Race | Age | Name | Entered Time* | New Time | Place | Medal | DQ Reason |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Girls 825 Back | 8 | Isabel Hooton | - | 26.70 | 4 (5) |  |  |
| Boys 9/10 50 Back | 10 | Magnus Waring | 1:09.70 | 59.00 | 7 (12) |  |  |
|  | 10 | Mason Jones | 50.01 | 50.38 | 3 (12) | Bronze |  |
| Girls 9/10 50 Back | 9 | Daisy Plaxton | 1:01.34 | 1:00.20 | 3 (6) | Bronze |  |
|  | 9 | Esther Cooper | 1:08.43 | 1:00.87 | 4 (6) |  |  |
|  | 9 | Hannah Biggins | 1:19:00 | 1:04.78 | 5 (6) |  |  |
|  | 9 | Sophia Turner | - | 50.72 | 1 (6) | Gold |  |
|  | 10 | Isabel Barker | 55.00 | 52.56 | 2 (3) | Silver |  |
| Boys 11/14 50 Back | 11 | Alex Crombie | 45.62 | 44.88 | 1 (9) | Gold |  |
|  | 11 | Dylan Warren | 49.62 | 45.22 | 2 (9) | Silver |  |
|  | 11 | Luke Shay | 47.32 | 45.47 | 3 (9) | Bronze |  |
|  | 12 | Mason Thompson | 57.60 | 51.96 | 6 (8) |  |  |
|  | 12 | Thomas Hetherington | 51.51 | 44.75 | 1 (8) | Gold |  |
|  | 13 | Aarush Singh | 54.76 | 56.78 | 2 (2) | Silver |  |
|  | 13 | Stan Sadgrove | 50.14 | 48.50 | 1 (2) | Gold |  |
| Girls 11/14 50 Back | 11 | Emily Oddy | 47.52 | 44.25 | 1 (16) | Gold |  |
|  | 11 | Isla Cooper | - | 1:01.90 | 14 (16) |  |  |
|  | 13 | Prati Wasnik | 56.03 | 1:00.31 | 3 (5) | Bronze |  |
| Girls 825 Breast | 8 | Heidi Sharp | - | 30.69 | 4 (5) |  |  |
|  | 8 | Isabel Hooton | - | 31.46 | 5 (5) |  |  |
| Boys 9/1050 Breast | 10 | Magnus Waring | 1:02.59 | 58.00 | 3 (8) | Bronze |  |
|  | 10 | Mason Jones | 56.47 | DQ |  |  | Stopped to adjust goggles |
| Girls 9/10 50 Breast | 9 | Daisy Plaxton | 1:20.96 | DQ |  |  | Right foot not turned out al all |
|  | 9 | Esther Cooper | 1:17.81 | 1:09.19 | 2 (8) | Silver |  |
|  | 9 | Hannah Biggins | 1:01.59 | DQ T |  |  | Touched with RH only at turn |
|  | 9 | Robyn Geary | 1:05.01 | 1:00.66 | 1 (8) | Gold |  |
|  | 9 | Sophia Turner | - | 1:05.59 | 2 (8) | Silver |  |
|  | 10 | Evelyn Moss | 1:13.85 | 1:06.63 | 5 (6) |  |  |
|  | 10 | Isabel Barker | 1:02.22 | 57.34 | 3 (6) | Bronze |  |
|  | 10 | Sienna Lowry | 1:07.70 | 1:00.69 | 4 (6) |  |  |
| Boys 11/1450 Breast | 11 | Alex Crombie | 52.93 | DQ |  |  | Starting before the signal |
|  | 11 | Issac Parry | 1:05.15 | 1:02.63 | 7 (10) |  |  |
|  | 11 | Luke Shay | 59.93 | 55.38 | $2(10)$ | Silver |  |
|  | 12 | Thomas Hetherington | 53.01 | 49.22 | 2 (10) | Silver |  |
|  | 12 | Foster Gallagher-Bird | 53.01 | DQ T |  |  | Not touching with two hands at end |
|  | 12 | Mason Thompson | 52.41 | 50.21 | 3 (10) | Bronze |  |
|  | 13 | Aarush Singh | 1:01.32 | 1:04.59 | 4 (4) |  |  |
|  | 13 | Stan Sadgrove | 57.81 | 58.82 | 3 (4) | Bronze |  |
| Girls 11/14 50 Breast | 11 | Emily Oddy | 53.37 | 51.12 | 5 (22) |  |  |
|  | 11 | Isla Cooper | - | 56.60 | 14 (22) |  |  |
|  | 12 | Ada Calvert | 54.83 | 55.04 | 5 (10) |  |  |
|  | 13 | Prati Wasnik | 57.29 | 55.90 | 3 (6) | Bronze |  |
| Boys 9/10 50 Fly | 10 | Mason Jones | 1:10.33 | 59.10 | 2 (4) | Silver |  |
| Girls 9/10 50 Fly | 9 | Daisy Plaxton | - | 1:08.25 | 2 (5) | Silver |  |
|  | 9 | Esther Cooper | - | 1:19.81 | 5 (5) |  |  |
|  | 9 | Sophia Turner | - | 1:14.94 | 4 (5) |  |  |
|  | 10 | Isabel Barker | 1:06.02 | 57.63 | 3 (5) | Bronze |  |
| Boys 11/14 50 Fly | 11 | Alex Crombie | 47.21 | 47.19 | 1 (6) | Gold |  |
|  | 11 | Dylan Warren | 49.10 | 48.00 | 2 (6) | Silver |  |
|  | 11 | Issac Parry | 1:18.10 | 1:01.06 | 3 (6) | Bronze |  |
|  | 11 | Luke Shay | 57.25 | DQ |  |  | Didn't bring arms forward at the same time |
|  | 12 | Thomas Hetherington | 56.28 | DQ |  |  | Breaststroke legs on $2^{\text {nd }}$ length |

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## Saturday 27 January 2024

| Race | Age | Name | Entered Time* | New Time | Place | Medal | DQ Reason |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Girls 11/14 50 Fly | 11 | Emily Oddy | 52.22 | 47.63 | 2 (11) | Silver |  |
| Girls 825 Free | 8 | Heidi Sharp | - | 28.29 | 5 (6) |  |  |
|  | 8 | Isabel Hooton | - | 24.07 | 4 (6) |  |  |
| Boys 9/10 50 Free | 10 | Magnus Waring | 53.70 | 50.22 | 8191 |  |  |
|  | 10 | Mason Jones | 42.81 | 41.15 | 1 (9) | Gold |  |
| Girls 9/10 50 Free | 9 | Daisy Plaxton | 1:01.47 | 56.50 | 6 (7) |  |  |
|  | 9 | Esther Cooper | 1:01.83 | 52.84 | 3 (7) | Bronze |  |
|  | 9 | Hannah Biggins | 1:09.41 | 54.87 | 4 (7) |  |  |
|  | 9 | Sophia Turner | - | 46.13 | 1 (7) | Gold |  |
|  | 10 | Evelyn Moss | 58.65 | 55.50 | 5 (6) |  |  |
|  | 10 | Isabel Barker | 43.75 | 42.91 | 3 (6) | Bronze |  |
| Boys 11/14 50 Free | 11 | Alex Crombie | 38.60 | 37.72 | 1 (11) | Gold |  |
|  | 11 | Dylan Warren | 42.63 | DQ |  |  | Starting before the signal |
|  | 11 | Issac Parry | 45.28 | 47.81 | 9 (11) |  |  |
|  | 11 | Luke Shay | 43.76 | 44.25 | 5 (11) |  |  |
|  | 12 | Foster Gallagher-Bird | 50.76 | 48.25 | 9 (10) |  |  |
|  | 12 | Sullivan Lowry | 44.43 | 41.74 | 3 (10) | Bronze |  |
|  | 12 | Thomas Hetherington | 40.37 | 38.00 | 2 (10) | Silver |  |
|  | 12 | Aarush Singh | 45.63 | 48.47 | 3 (10) | Bronze |  |
|  | 13 | Stan Sadgrove | 41.76 | 41.41 | 1 (3) | Gold |  |
| Girls 11/1450 Free | 11 | Emily Oddy | 40.95 | 40.85 | 7 (20) |  |  |
|  | 11 | Isla Cooper | - | 54.44 | 18 (20) |  |  |
|  | 12 | Ada Calvert | 47.08 | 48.25 | 12 (13) |  |  |
|  | 13 | Prati Wasnik | 50.88 | 51.65 | 4 (5) |  |  |
| Boys 9/10 100 IM | 10 | Mason Jones | 1:50.13 | 1:51.13 | 1 (5) | Gold |  |
| Girl 9/10 100 IM | 9 | Daisy Plaxton | 2:21.00 | 2:20.60 | 2 (3) | Silver |  |
|  | 9 | Esther Cooper | 2:30.66 | DQ |  |  | Swam fly with breast legs in IM |
|  | 9 | Sophia Turner | - | 2:11.53 | 1 (3) | Gold |  |
|  | 10 | Isabel Barker | 1:56.53 | 2:00.53 | 4 (4) |  |  |
| Boys 11/14 100 IM | 11 | Alex Crombie | 1:35.47 | 1:39.19 | 1 (6) | Gold |  |
|  | 11 | Dylan Warren | 1:42.66 | 1:45.19 | $2(6)$ | Silver |  |
|  | 11 | Luke Shay | 1:55.94 | 1:51.32 | 4 (6) |  |  |
|  | 12 | Mason Thompson | 2:00.39 | DQ |  |  | Swam fly with breast legs in IM |
|  | 12 | Thomas Hetherington | 1:50.56 | DQ |  |  | Turned off back early T2 and in fly does 2 fly kicks the 1 breast legs |
|  | 12 | Sullivan Lowry | 1:57.00 | DQ |  |  | Starting before the signal |
| Girls 11/14 100 IM | 11 | Emily Oddy | 1:43.41 | 1:43.19 | 4 (14) |  |  |
|  | 11 | Isla Cooper | 1:50.56 | 2:13.34 | 12 (14) |  |  |

