

# Rising Stars Summer Gala

Organised and run by

In conjunction with



**Saturday 29<sup>th</sup> July 2023, 5.00pm – 8.00pm**  
**Doors Open 5.00pm, Warm up 5.10pm**  
**at Shipley Pool**

Gala entry is limited to members of invited local swimming clubs in Bradford and the surrounding district, primarily Bradford Dolphin, Bradford, Bingley, Ilkley. If any swimmer is also a member of the Bradford Aquatics Training Scheme, the swimmer must be in no higher squad than Rising Stars and enter through their local club only.

The swimmers must be aged between 8 and 14 inclusive on the day of the gala to enter.

Maximum entry times have been set to keep entries within the intended ability range, so only swimmers who have current event times which are slower than the times below will be eligible for entry. We encourage clubs to complete these times as accurately as possible with your entry so heats can be seeded correctly. All times submitted are the responsibility of the entering club to be accurate and will not be adjusted after the entry has been submitted.

Medals will be awarded for places 1 to 3 in each age group 8, 9, 10, 11, 12, 13 and 14.

**Due to Swim England restrictions on minimum water depth for diving, all events will start in the pool.**

## SCHEDULE OF EVENTS (£3.00 per event)

1	Boys 8 years	25m Backstroke	15	Boys 9/10 years	50m Butterfly
2	Girls 8 years	25m Backstroke	16	Girls 9/10 years	50m Butterfly
3	Boys 9/10 years	50m Backstroke	17	Boys 11/14 years	50m Butterfly
4	Girls 9/10 years	50m Backstroke	18	Girls 11/14 years	50m Butterfly
5	Boys 11/14 years	50m Backstroke	19	Boys 8 years	25m Freestyle
6	Girls 11/14 years	50m Backstroke	20	Girls 8 years	25m Freestyle
7	Boys 8 years	25m Breaststroke	21	Boys 9/10 years	50m Freestyle
8	Girls 8 years	25m Breaststroke	22	Girls 9/10 years	50m Freestyle
9	Boys 9/10 years	50m Breaststroke	23	Boys 11/14 years	50m Freestyle
10	Girls 9/10 years	50m Breaststroke	24	Girls 11/14 years	50m Freestyle
11	Boys 11/14 years	50m Breaststroke	25	Boys 9/10 years	100m Individual Medley
12	Girls 11/14 years	50m Breaststroke	26	Girls 9/10 years	100m Individual Medley
13	Boys 8 years	25m Butterfly	27	Boys 11/14 years	100m Individual Medley
14	Girls 8 years	25m Butterfly	28	Girls 11/14 years	100m Individual Medley

**Qualifying Times: Swimmers must not have swum a time faster than the times below.**

Event	Boys					
	8	9	10	11	12	13 +
25m Freestyle	0:18.00					
50m Freestyle		0:39.70	0:39.10	0:38.10	0:34.10	0:31.90
25m Breaststroke	0:25.00					
50m Breaststroke		0:52.20	0:46.30	0:45.30	0:44.30	0:43.30
25m Butterfly	0:20.00					
50m Butterfly		0:45.90	0:44.70	0:43.70	0:40.80	0:37.30
25m Backstroke	0:21.00					
50m Backstroke		0:45.90	0:44.30	0:43.30	0:41.10	0:38.30
100m Individual Medley		1:42.80	1:35.20	1:29.90	1:25.00	1:19.70

Event	Girls					
	8	9	10	11	12	13 +
25m Freestyle	0:19.00					
50m Freestyle		0:40.10	0:38.30	0:37.30	0:33.50	0:32.30
25m Breaststroke	0:26.00					
50m Breaststroke		0:53.20	0:46.30	0:45.30	0:44.10	0:42.00
25m Butterfly	0:21.00					
50m Butterfly		0:45.50	0:44.90	0:43.90	0:38.50	0:36.10
25m Backstroke	0:22.00					
50m Backstroke		0:46.30	0:45.60	0:44.60	0:39.50	0:38.30
100m Individual Medley		1:44.30	1:37.30	1:30.30	1:25.40	1:21.60

Entry is strictly by SportSys file only. All entries must be submitted by e-mail to [meetdir@cobsc.co.uk](mailto:meetdir@cobsc.co.uk) by **23<sup>th</sup> July 2023** at the latest. An electronic entry check link will be sent upon receipt of entry. Any queries must be reported by **10pm on 24<sup>th</sup> July 2023** at the latest. No late entries will be accepted under any circumstances. Payment due will be e-mailed out once entries are confirmed correct.